



Halton Strategic **PARTNERSHIP**

WNF Proposed Project Directory for 2007/08

HEALTH THEMATIC PARTNERSHIP

| | |
|--|---|
| Project Name: | Vulnerable Adults Taskforce |
| Project Manager: | Mark Holt |
| Telephone(s): | 0151 424 2061 ext 3638 |
| E-mail: | Mark.holt@halton.gov.uk |
| Project Description: | |
| There are a number of individual projects that make up the overall Vulnerable Adults Taskforce programme. For 2007/08 the programme will look to build on all of the successes of the previous year, whilst delivering some new and innovative strands to the programme. VATF will predominantly focus on low-level preventative services, but with an emphasis on co-ordinating and linking existing services whilst maintaining and encouraging a high level of consultation with relevant service user groups across the borough. | |
| Project Name: | Voluntary Sector Counselling Support Project |
| Project Manager: | Debbie Dalby Project Contact : Anne Hamilton |
| Telephone(s): | 01928 592405 |
| E-mail: | ahamilton@haltonva.org.uk |
| Provide a Brief Description of the Project: (No More Than 400 Words) | |

VSCP is an umbrella group of Voluntary Sector organisations having a common purpose of raising, maintaining and sharing Quality Standards in counselling and empathic listening support services for the benefit of people in Halton. A Co-ordinator will be funding to develop a variety of initiatives and activities, plus ensuring best practice is shared across sectors and partnerships.

| | |
|-------------------------|----------------------------------|
| Project Name: | Reach for the Stars |
| Project Manager: | Anna Nygaard |
| Telephone(s): | 0151 495 5450 |
| E-mail: | anna.nygaard@hsthpcnhs.uk |

Project Description:

Reach for the Stars offers anyone over 50 the opportunity to improve their health and quality of life through increasing uptake of social and educational activities in the community. Opportunities to make healthier lifestyle choices in exercise, smoking, mental health and healthy eating using basic motivating behaviour change techniques and actively supporting referrals into specialist services is facilitated by the project. In addition, Reach for the Stars has a sizeable team of volunteers, which itself is a healthy activity, increasing social network and activities, decreasing social isolation, improving people skills, increasing levels of self-esteem and confidence and improving mental health and well-being.

| | |
|-------------------------|---|
| Project Name: | Health & Physical Activity Development |
| Project Manager: | Sue Lowrie |
| Telephone(s): | 0151 907 8300 ext 4132 |
| E-mail: | Sue.Lowrie@halton.gov.uk |

Provide a Brief Description of the Project: (No More Than 400 Words)

This project allows for the appointment of a strategic Health and Physical Activity Development Officer that provides a strong leadership role to develop and coordinate community Physical Activity schemes for the sedentary population and respond and investigate further the key recommendations of Physical Activity Strategy. Deliver an action plan that promotes a healthier living environment and lifestyles to protect the health of the public, sustain individual good health and well-being and help prevent illness and life threatening disease through increased levels of physical activity and increased awareness of benefits of physical activity.

| | |
|---|--|
| Project Name: | Health & Community Care Forum And Voluntary Sector 'Carers Forum' Support Project |
| Project Manager: | Debbie Dalby <i>Project contacts:</i> Lyn Williams/Janet Roberts |
| Telephone(s): | 01928 592405 |
| E-mail: | ddalby@haltonva.org.uk williams@haltonva.org.uk jroberts@haltonva.org.uk |
| Project Description: | |
| To provide an opportunity for the voluntary and community sectors in Halton to discuss and influence issues relating to health services and social services and for carers to have a voice at operational and strategic level. The Chair of the HCC Forum and the Chair of Carers Forum will represent the views of their constituent Forum members at inter-agency committees. | |
| Project Name: | Halton Sports Partnership |
| Project Manager: | Sue Lowrie |
| Telephone(s): | 0151 907 8300 |
| E-mail: | Sue.lowrie@halton.gov.uk |
| Provide a Brief Description of the Project: (No More Than 400 Words) | |
| The project will continue to support and develop the voluntary sporting sector through various projects. These will be supported by the Halton Sports Partnership Development Officer, with the input of the Halton Sports Partnership Executive Committee, the sub groups created from this, and the support of the Sports Development Team. The projects are ongoing and aim to improve and support the development of voluntary sporting individuals, clubs, and organisations over a long term. The development officer concentrating on fundraising, volunteer, and coach development and training, including Child Protection issues, supporting local clubs to achieve accreditation status. | |

| | |
|---|---|
| Project Name: | Halton's Healthy Living Programme |
| Project Manager: | Anna Nygaard |
| Telephone(s): | 0151 495 5450 |
| E-mail: | Anna.nygaard@hsthpct.nhs.uk |
| Project Description: | |
| <p>The programme aims to deliver the services and brief interventions which are designed to improve health and well being in the borough with particular emphasis on obesity, diet and physical activity and mental health. Additional focus will be placed on Long Term Conditions resulting from poor lifestyles. The project will deliver a holistic approach to contribute to a healthier community and promote well being and positive experiences of life. It will also support people to take responsibility for their own health.</p> | |
| Project Name: | Dietetic and exercise intervention programme |
| Project Manager: | Lisa Brough |
| Telephone(s): | 0151 495 5450 |
| E-mail: | lisa.brough@hsthpct.nhs.uk |
| Project Description: | |
| <p>Recipe for Health is a successful Exercise on Prescription project ran in partnership between Halton PCT and Halton Borough Council. Local GP Practices refer patients who meet a need for exercise support criteria to a range of no cost exercise sessions for a 10-week period. During the 10-week period patients have access to a range of exercise sessions including community exercise classes, swimming, organised walks and the use of local gymnasiums. After this period patients can then access Healthy Living Programme/community based exercise programmes and Recipe for Health level 2, which are set at a discounted rate, compared to private contractors.</p> | |
| Project Name: | Advocate (North West Advocacy Services) |
| Project Manager: | c/o Mark Holt |
| Telephone(s): | 0151 424 2061 ext 3638 |

| | |
|---|--|
| E-mail: | Mark.holt@halton.gov.uk |
| Project Description: | |
| <p>This service will be delivered through Advocate and will provide independent professional advocacy by speaking up for people who would benefit from support in putting forward their own case. It is about empowering them to make sure their rights are respected and their views and wishes are heard. Advocacy is about enabling people to make informed choices about, and to remain in control of, their own care, and helping them to use the system to meet their needs.</p> | |
| Project Name: | Accessible Transport |
| Project Manager: | Jeff Briggs |
| Telephone(s): | 0151 471 7381 |
| E-mail: | jeff.briggs@halton.gov.uk |
| Project Description: | |
| <p>This project will provide a door-to-door fully accessible transport service for disabled residents where alternative public transport would not be available either due to services not being provided in certain areas or the services provided do not currently completely cater for the need of disabled residents. The service will continue to be provided by local community transport operator, Halton Community Transport. The service is pre-bookable by users although block bookings by regular passengers will be available to ensure times required can be met. The service will operate during the daytime generally between approximately 8.30am and 5.30pm for employment and training to cater for the required times of courses and placements and operates during the opening hours of the Independent Living Centre which is currently 9.00am to 5.00pm.</p> | |
| Project Name: | Age Concern Halton Information Outreach Service |
| Project Manager: | Melissa Critchley |
| Telephone(s): | 01928 575400 |
| E-mail: | melissacritchley@ac-halton.org.uk |
| Project Description: | |

In the final year of funding it is proposed that, building on lessons learnt from previous years, a new model of working is devised. Still keeping light linkages with the older generation, but focusing more on developing much closer links with other professionals and workers who have direct contact with vulnerable older people, thus increasing the support and help we can offer to those most in need. The approach to be adopted is one of strengthening the relational side of the referral process; ensuring that prompt feedback is given to those who refer and that a much greater focus is placed on successful outcomes from the perspective of the older person.